

FAMILIES FIRST NEWSLETTER

Made possible by the Rock Island Family Advocacy Program.

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We value your opinion! Let us know how you are liking the newsletter by taking this month's survey at: [surveymonkey.com/r/FFMay20](https://www.surveymonkey.com/r/FFMay20)

Mother's Day Fun Facts



1. More calls are made on Mother's Day than any other day of the year.
2. Mother's Day is the busiest day of the year for restaurants.
3. Mother's Day became a recognized holiday in 1914.
4. Most popular gift is the greeting card.
5. Mother's Day is the third most popular holiday in the world, behind Christmas and Easter.
6. There are approximately 85 million mothers in the U.S.
7. An estimated \$25 million will be spent celebrating moms.
8. The original name of the holiday was Mothers' Friendship Day.
9. 50 countries around the world celebrate Mother's day each year.
10. In most languages the word 'mother' starts with the letter M.

Peanut Butter Popcorn Balls



Ingredients:

- *5 cups popcorn
- *1 cup dry roasted peanuts
- *1/2 cup sugar
- *1/2 cup light corn syrup
- *1/2 cup peanut butter
- *1/2 tsp vanilla
- *Lollipop sticks

Directions:

- *Mix popcorn and peanuts in large bowl
- *In large saucepan, bring sugar and corn syrup to a rolling boil over medium heat
- *Stir in peanut butter and vanilla
- *Pour over popcorn mixture and mix well
- *When cool, shape into balls and insert lollipop stick

MAY FUN IN THE QCA

- 12: Scooby Doo! and The Lost City of Gold - Adler Theatre, Davenport, IA
- 16: Yoga in the Park - Week 1 - Peterson Park, Moline, IL
- 16: Monster Jam - TaxSlayer Center, Moline, IL
- 17: TEDxYouth - Putnam Museum, Davenport
- 22-24, 27, 29-31: Disney's Beauty and The Beast - Circa '21, Rock Island, IL
- 28: 2020 Movies in the Park - Vander Veer Botanical Park, Davenport
- 30-31: Midwest Mayhem Demolition Derby - Mississippi Valley Fairgrounds

All activities are subject to change or cancellation. Please check [visitquadcities.com](https://www.visitquadcities.com) for the most up to date event information.



SOLDIERS

FAMILIES

RETIREEES

CIVILIANS

Blowing Kisses Art

Materials needed:

- Canvas or card stock
- Picture of kid(s) blowing kisses
- Paint
- Brushes
- Construction Paper
- Scissors
- Glue

Directions:

1. Paint canvas or card stock, let dry
2. Print picture, cut out around kids
3. Glue picture to bottom corner
4. Cut hearts out of construction paper, glue onto canvas or paper



STEM Challenge!

Make your own Umbrella

Springtime is here and with the changing seasons comes changing weather. Try using some of these household items to make a classic umbrella better!

Supplies:

- Household materials (sponge, popsicle sticks, coffee filters, paper plates, etc.)
- Small toys (i.e. dinosaurs, cars, figurines)
- Tray
- Glue, tape, string
- Scissors

Directions:

- Ask kids if they think they can make a working umbrella using the supplies you've given them
- Let them come up with their designs and sketch out blueprints
- Next, let kids build their prototype, with the goal to keep their toys dry
- Test the designs by placing the umbrella over the toys and sprinkling water onto them

MILITARY FATHERS!

If you are a military father-meaning you or your spouse is active, retired, or a guard member - you are invited to be a part of our monthly fatherhood activities! Each month we plan an activity specifically for children and their fathers. Twice a year we open these activities up to the whole family! All events are FREE and are at different community venues. Past outings have been fishing, ice skating, trampoline park, and many more. To learn more about the next activity email Jennifer Kerr at jennifer.a.kerr10.civ@mail.mil or Alyssa Acton at AlyssaA@childabuseqcg.org