



BOOKS TO TEACH YOUNG CHILDREN ABOUT HEALTHY SEXUAL DEVELOPMENT & HELP PROTECT CHILDREN FROM CHILD SEX ABUSE

It is important that we are comfortable talking to children about their private body parts and give them the words they need to tell us if something is wrong or talk to us when they have questions. Often, using books as tools to teach makes parents more comfortable with the topic and it is important to be comfortable so children know they can talk to us anytime. Here are some book titles you can use to talk to your child about their private body parts.

When reading to your child allow them to ask questions when they have them, talk about the pictures and enjoy your time together! Children are often absorbing much more than we give them credit for. Don't force children to talk about things that make them uncomfortable but allow them to come back anytime they have questions. Don't forget to spend time talking about the illustrations, guessing what will happen next and discussing the characters are just as important. *This is not an exhaustive list.*

Title	Author	Recommended Ages
Some Parts are Not for Sharing	Julie K Federico	6 months and up
It's MY Body	Lory Freeman	Ages 3-8
Loving Touches	Lory Freeman	Age 3-8
My Body is Private	Linda Walvoord Girard	Ages 6-11
The Right Touch	Sandy Kleven	Ages 3-8
The Trouble with Secrets	Karen Johnsen	Ages 3-8
Your Body Belongs to You	Cornelia Spelman	Ages 3-6
My Body Belongs to Me	Jill Starishevsky	Ages 3-8
A Very Touching Book...For Little People and Big People	Jan Hindman	Ages 4-10
Amazing You: Getting Smart About Your Private Parts	Dr. Gail Saltz	Ages 3+
Uncle Willy's Tickles: A Child's Right to Say NO	Marcie Aboff	Ages 4+
Everyone's Got a Bottom	Tess Rowley	Ages 3-8
Do you have a Secret?	Jennifer Moore Mallinos	Ages 4-7
A Better Safe the Sorry Book	Sol and Judith Gordon	Ages 4+
The Bare Naked Book	Kathy Stinson	Ages 2-6
I Said NO!	Kimberly King	Ages 4+
Some Secrets Should Never Be Kept	Jayneen Sanders	Ages 4+
A Terrible Thing Happened	Margaret Holmes	Ages 4-8



A list of books to use when talking to children about healthy sexual development from Child Abuse Council. These books are a great tool to teach children about their bodies and how to keep them safe.